



CERTIFICATION EDUCATION APPLICATION

E-mail application to: Center Pose, Inc. d/b/a Pilates South Texas, 3000 Weslayan St., Suite 111, Houston, Texas , 77027

T: 1.888.838.3664, ext. 2 F: 1.858.429.5869 E-mail: info@pilatessouthtexas.com Website: http://www.pilatessouthtexas.com

First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ E-Mail: _____

Referral(s): _____ Pilates South Texas Website _____ Merrithew™ Website _____ or Social Media _____ or Friend | Colleague _____

Physical participation is required. Concerns acquired during education that impede physical participant will not exempt student from completing all required hours.

- List any injuries, conditions or postural concerns that you know may limit your performances during the education (Medical clearance submission with application as required).

STOTT PILATES® Education: INTENSIVE PROGRAMS (Level 1)

Education Date: _____

IMP - Intensive Mat-Plus™ (40 hrs); Fee: \$1,937.33 includes materials
Prerequisites: Desire to learn & integrate the biomechanical movements and sequencing

IR - Intensive Reformer (50 hrs); Fee: \$2,688.93 includes materials
Prerequisites: Desire to learn & integrate the biomechanical movements and sequencing

ICCB - Intensive Cadillac, Chair & Barrels (50 hrs); Fee: \$2,738.72 includes materials
 ICAD - Intensive Cadillac Module (25 hrs); Fee: \$1,541.04
 ICHR - Intensive Chair Module (15 hrs); Fee: \$885.31
 IBRL - Intensive Barrels (10 hrs); Fee: \$815.21
Prerequisites: IMP Course or IR Course

ISP - Injuries & Special Populations (24 hrs); Fee: \$1,799.95 includes materials
Prerequisites: IMP Course or IR Course

STOTT PILATES® Education: ADVANCED PROGRAMS (Level 2)

Education Date: _____

AM - Advanced Mat (6 hrs); Fee: \$403.03 includes materials
Prerequisites: IMP Course

AR - Advanced Reformer (18 hrs); Fee: \$1,087.38 includes materials Prerequisites: IR Course

ACCB - Advanced Cadillac, Chair & Barrels (12 hrs); Fee: \$803.90 includes materials*
 ACAD - Advanced Cadillac Module (6 hrs); Fee: \$432.36
 ACHR - Advanced Chair Module (3 hrs); Fee: \$311.54
 ABRL - Advanced Barrels (3 hrs); Fee: \$265.00
Prerequisites: ICCB or ICAD, ICHR, IBRL [for respective advanced module]

EXAM PREPARATION RESOURCES Available Through Pilates South Texas

Fee: Based on Service

Guided Private or Group Study to elevate confidence in instructing and training (virtual or in-studio - weekly or bi-monthly)
 Functional Anatomy for Conscious Movement Education
 Postural Analysis & Program Suggests for Beneficial Movement Education
 P-S-T²(Purpose · Selection · Technique + Position · Sequence · Teaching) Education

Practice Written Exam (virtual or in-studio - 2 hours)

Answer 100 questions & review/clarify information

Purchase Trail Guide to the Body Muscles Book, Andrew Biel

Practice Practical Exam (virtual or in-studio - 1 ½ to 2 ½ hours)

Instruct an exam body & receive feedback/clarification of the program and instruction

Purchase Trail Guide to the Body Muscles Flashcards, Andrew Biel

STOTT PILATES® CERTIFICATION EXAM: Achieve internationally recognized STOTT PILATES® Certification

Propose Practical Exam Date: _____ Propose Written Exam Date: _____ Fee: Based on Exam

Select Exam Repertoire: Mat Reformer Mat & Reformer Mat, Reformer, Cadillac, Chair & Barrels

Select Level of Exam: Level 1 Level 2 Level 1 & 2

SUPPLEMENTARY INFORMATION

Statement of Intent for Education (I'm submitting as it's my first STOTT PILATES® Education Course)

Letter(s) of Completion for Prerequisite Education (I'm submitting as confirmation of prerequisite STOTT PILATES® Education Course)

I will pick-up course materials before start date

I will pay a shipping & handling fee for course materials delivery

I will wait to receive course materials on start date

PAYMENT INFORMATION

Amount: _____ Check [payable to Center Pose, Inc.] or Visa MasterCard American Express

Credit Card #: _____ Expire Date: _____ CVC Code: _____

Name on Credit Card: _____ Signature: _____ Date: _____

My signature authorizes Center Pose, Inc., d/b/a Pilates South Texas to charge the above Credit Card for the payment indicated above.

REFUND POLICIES FOR ALL EDUCATION: Refund(s) will be processed in full payment if the registered education is not conducted.